



VOLUNTEER FOR THE JFCS FRIENDLY VISITOR PROGRAM

**Help open doors for older adults who
are isolated and lonely**

Volunteer benefits:

- **Providing meaningful companionship to older adults**
- **Feeling good about contributing to their community**
- **Being able to produce positive experiences for older adults**
 - **Learning and applying new people skills**

Older adults benefit:

- **Having contact with the outside world**
- **Sharing life experience and knowledge**
 - **Socialization**
- **Getting the message from a friendly visitor that they are valuable and worthwhile**

**If you are able to donate one hour of your time on a weekly basis,
please call TODAY for more information and an application**

**Jewish Family & Children's Service
Of Greater Long Beach/West Orange County
(562) 427-7916**

