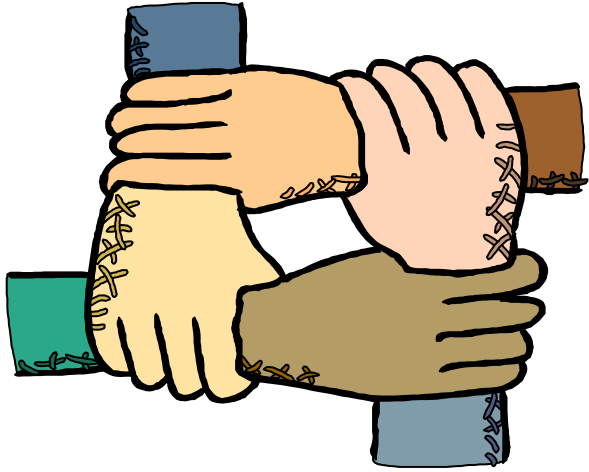




JFCS

Serving the
entire community

JFCS GROUPS



BIPOLAR SUPPORT GROUP

YOU ARE NOT ALONE

Come join this group and receive support from individuals who are also dealing with the effects of Bipolar Disorder. Learn new ways to cope, hear about various treatment methods and discuss your challenges in daily life. This support group will be led by two clinicians who are familiar with your stressors. However, the key participants are you.

Join now! Space is limited.

BIPOLAR SUPPORT GROUP

For information or to register please
contact the JFCS office:
(562) 427-7916
Ask for Lauren or Eric

Facilitated by:
Eric Beaudoin, Psy. D. Intern
Lauren Loether, MSW Intern

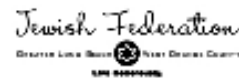
Supervised by Debbie Freeman, MFT,
License # MC 20893

Meets Every Other Wednesday
6:30 PM – 8:00 PM
Start date to be announced
Cost: \$15 a session



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We all have times when we struggle with the challenges of life. At JFCS we understand the pressures of coping with a wide range of issues and conflicts. It is our mission to be your place in the community to turn to for help. For over 50 years JFCS has had a tradition of providing compassionate, professional and affordable individual, family and group services in a trusting, reassuring and healing atmosphere.

Our Mission

Jewish Family and Children's Service of Greater Long Beach/West Orange County is a non-profit agency that provides a wide range of professional counseling and support services to assist all individuals regardless of religion, race, ethnicity, disability or sexual orientation in facing life's challenges.